

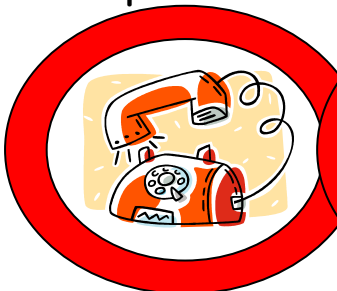


# Resuscitation Guidelines

To download a copy of this handout, or for further information please visit

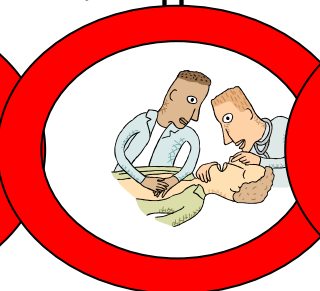
<http://www.backtolife.co.uk/resources>

**early recognition  
help 999/112**



to prevent cardiac  
arrest

**early basic  
life support**



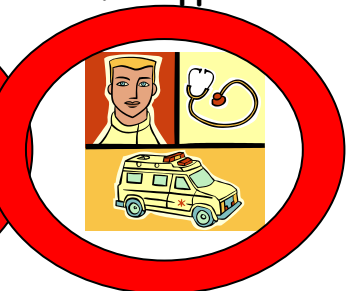
to buy time

**early  
defibrillation**



to restart  
the heart

**early advanced  
life support**



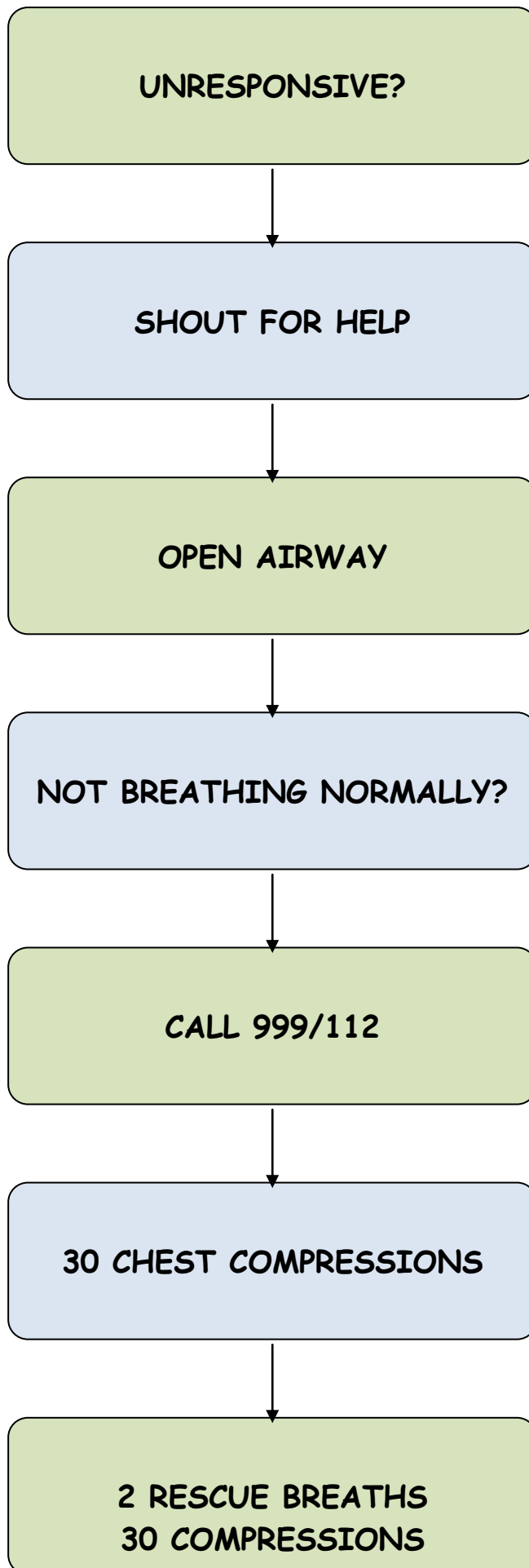
to restore  
quality of life

**Back to Life Ltd, Milton Heath House, Westcott road, Dorking, Surrey RH4 3NB**

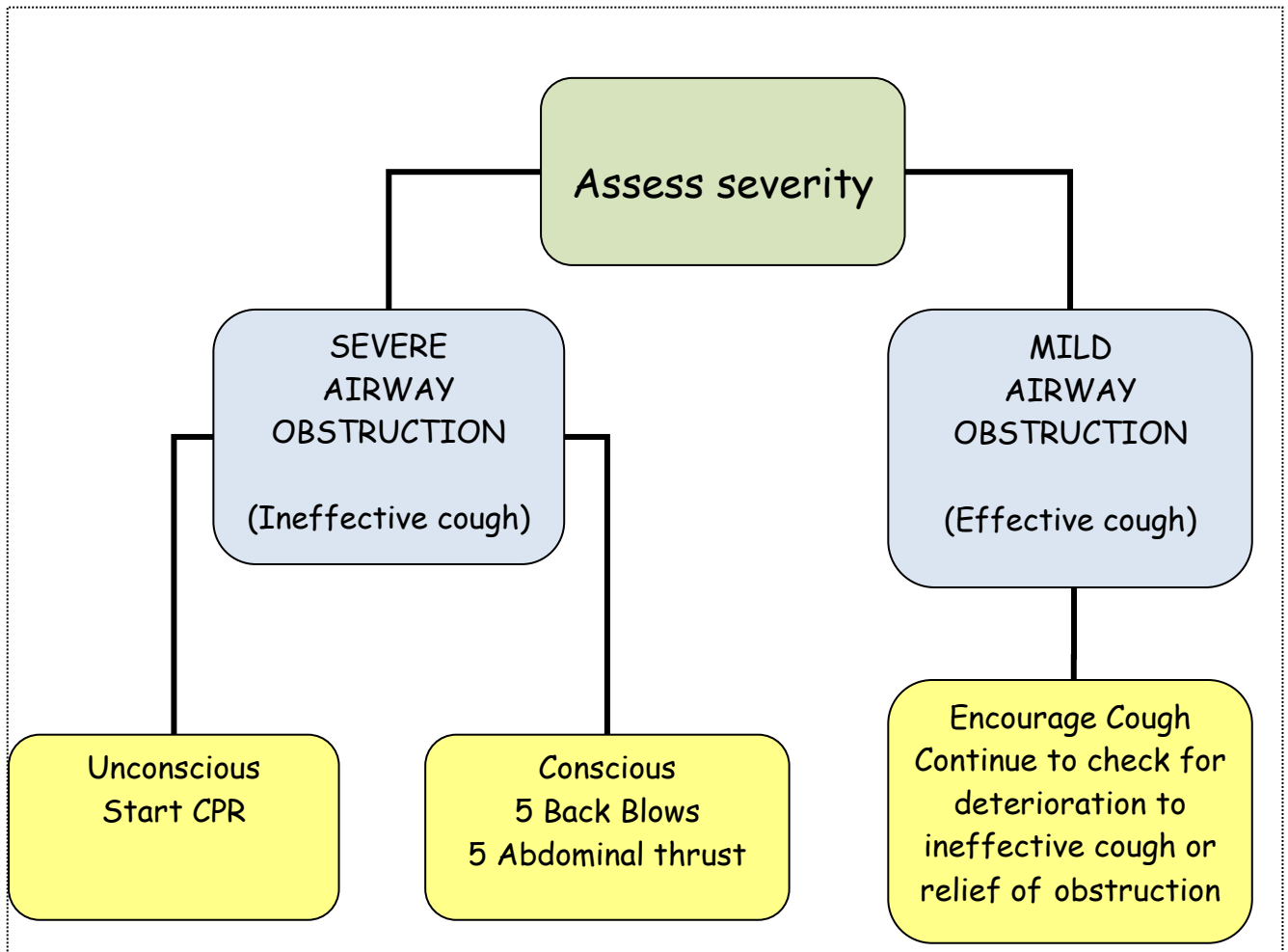
Tel: 01372 361206 Fax: 01306 883393 Web Site: [www.backtolife.co.uk](http://www.backtolife.co.uk)

e-mail: [admin@backtolife.co.uk](mailto:admin@backtolife.co.uk)

## BASIC LIFE SUPPORT



## ADULT CHOKING TREATMENT



## PAEDIATRIC CHOKING TREATMENT

