

Immediate Life Support Course

Continuous assessment for: Skill station 1: the ABCDE approach, Skill station 2: initial resuscitation and defibrillation

Structure Skill description	Process The action that the candidate demonstrates competently during the skills practice	Outcome Desired skill outcome
Patient assessment using the ABCDE approach	Systematic use of the ABCDE approach.	Identify and treat any immediate problems
Identification of cardiac arrest	Assessment to identify cardiac arrest, calls for help and starts CPR appropriately.	Safe and effective management of cardiac arrest
Correct delivery of high quality chest compressions	Hand position, depth, rate, duty cycle, and recoil of compressions, 30:2 ratio. Avoids unnecessary interruptions in chest compressions.	Support of the circulation during cardiac arrest
Defibrillation:		
AED: Safe and effective use of AED	Ensures safety of self and team during defibrillation. Correct application of self-adhesive pads. AED - switches on AED, follows prompts correctly and delivers shock safely.	Safe and effective use of AED
Manual Defibrillation: Safe and effective use of manual defibrillator	Ensures safety of self and team during defibrillation. Correct application of self-adhesive pads. Manual defibrillation - recognises shockable rhythm (aim for less than 5 seconds) and chooses correct energy level. Charges defibrillator with ongoing chest compressions. Delivers safe shock. Minimises pauses.	Safe and effective manual defibrillation

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Continuous assessment for: Skill station 2: Airway management

Structure Skill description	Process The action that the candidate demonstrates competently during the skills practice	Outcome Desired skill outcome
Checking equipment	Checks equipment to be used in airway management.	Equipment is ready to support airway management
Airway assessment	Opens the airway using head tilt/chin lift, or jaw thrust manoeuvre, and establishes patency. Demonstrates the use of suction.	Airway is cleared and opened
Airway maintenance	Demonstrates correct sizing and insertion technique for oropharyngeal/nasopharyngeal airways.	Airway maintenance with the use of adjuncts
Artificial ventilation	Demonstrates effective ventilation using either mouth-to-mouth, and/or pocket mask and/or a self-inflating bag-mask device (two person), and the use of supplemental oxygen	Ventilation is established with simple airway adjuncts
Optional - Supraglottic Airway Device		
Securing the airway	Demonstrates the use of a supraglottic airway device. Attaches an oxygen delivery device and confirms effective ventilation.	Airway is secure